

Reception Daily Timetable

Before 9am	Wake up	Eat breakfast, make your bed, tidy your room, get dressed, brush your teeth and hair.
9.00-9.30	Exercise Time!	Log onto Seesaw to view video. Joe Wickes/Wake and Shake/Cosmic yoga
9.30-10.30	Phonics	See video posted on Seesaw and complete Phonics activities.
10.30-11.00	Snack	Have a break and a healthy snack
11.00 - 12.00	Learning Time	Complete online tasks- Literacy and Maths
12.00 - 1.00	Lunch	
1.00 - 2.00	Learning time	Look on Seesaw for an afternoon task.
2.00 - 2.20	Quiet Time	Reading, puzzles, talking.
2.20 - 2.45	Play	Play together. Junk modelling, building, role play, towers, drawing, painting, writing, baking.
2.45-3.00	Story time	Look on Seesaw to find out who is reading the story each day. Then read some of your own stories or the book on Phonics Bug!
3.00 - 4.00	Outside Time!	Get some fresh air if possible!

Please post any activities on Seesaw so we can see what you're all getting up to!